

Make-Space Game

Clearing Out Space for God Practices for Lent 2025

Lent is the time before Easter that Christians focus on God and can practice things like: giving, reading the Bible, fasting, praying, and telling others about God. These spiritual disciplines can help us make space for Jesus! Use the game board to record things you do each day with your family to practice your faith. Each practice can be color coded so you can add more than one color a day if you do more than one practice. If you miss a day, feel free to catch up by doing a few extra!

Example: Today I decided to not any sweets (pink,) and I gave away an old coat (yellow). Feel free to post on Kid City your favorite Lenten activities!

40 Things	Clean out or donate 40 things	This could look like cleaning out clutter, giving things away, or throwing things away.	Give
40 Days	Read the scriptures every day for 40 days	Whether it's for 10 minutes or an hour—for any length of time—simply practice opening your Bible and reading it. (See the special Holy Week reading guide for the week before Easter.)	Read
40 Hours	Fast for a total of 40 waking hours	This could be accomplished by fasting for 4 Tuesdays from the time you wake until 10 hours later. (Choose any day, but City Life will use Tuesdays as a day of encouragement for fasting.)	Fast
40 Minutes	Pray for 40 minutes this month	This could look like praying for 10 minutes, 4 times.	Pray
40 Seconds	Take 40 seconds to invite an unchurched person to come to church with you	Spring Celebration is a specific tool to help you do this.	Invite

